

## **MINUTES FORUM LIMERICK: NOVEMBER 8-12, 2000**

**Thematic Network THENAPA- Educational and Social Integration of Persons  
with a Handicap through Adapted Physical Activity**

**Third Forum: “REFINEMENT IN INTEGRATION AND TRAINING  
PROGRAMMES”**

**University of Limerick, Department of Physical Education & Sports  
Sciences Ireland November 8-12, 2000**

### **PARTICIPANTS IN THE FORUM**

Austria (AT):	<b>Schneider Helga</b>
Belgium (BE):	<b>Becuwe Veronika</b> <b>Bultiauw Karin</b> <b>De Potter Jean-Claude</b> <b>Van Coppenolle Herman</b>
Bulgaria (BG):	<b>Venova Ludmila</b>
Czech Republic (CZ):	<b>Valkova Hana</b>
Germany (DE):	<b>Jacobsen Dirk</b>
Denmark (DK):	<b>Anne-Merete Kissow</b>
Finland (FI):	<b>Vilhu Jyrki</b>
France (FR):	<b>Boursier Claire</b>
Hungary (HU):	<b>Farkas Judit</b>
Greece (GR):	<b>Evagellinou Christina</b>
Ireland (IR):	<b>Leahy Teresa</b> <b>Hickey Sheelagh</b>
Italy (IT):	<b>Bianco Anna</b>
Lithuania (LT):	<b>Adomaitiene Ruta</b> <b>Mikelkeviciute Jurate</b>
Latvia (LV):	<b>Klavina Aija</b>
Norway (NO):	<b>Kahrs Nina</b>
Portugal (PT):	<b>Rodrigues David</b>
Romania (RO):	<b>Dan Mirela</b> <b>Marcu Vasile</b> <b>Serbescu Carmen</b>
Sweden (SE):	<b>Kristen Lars</b>
United Kingdom (UK):	<b>Meek Geoff</b>
Representative European Commission:	<b>Mrs. Maria-Esmeralda Almeida-Teixeira</b>

Apologised:

The Netherlands (NL):	<b>Sietsma Luc</b>
Poland (PL):	<b>Grossman Jerzy</b>
Slovakia (SK):	<b>Labudova Jela</b>

## **THURSDAY NOVEMBER 9, 2000**

**\*Official welcome by the President of the University of Limerick**

**\*Address by Ms M.E. Almeida-Teixeira, European Commission, Directorate General Education and Culture, SOCRATES/ERASMUS Thematic Networks Action**

European Commission pledged support for the second THENAPA work year!

**\*Address by Prof. H. Van Coppenolle, University of Leuven-THENAPA-coordinator**

-Combine research and education (cfr. Website...)

-Start of the second THENAPA work year

°A unique chance to realize APA-objectives throughout Europe

°Strong position of THENAPA: IFAPA-EARAPA-EMDAPA-DEUAPA...: use this position to be a strong network!

-In very good company: several VIPs:

°R. Steadward: President of the Paralympics: Dr. Honoris Causa KULeuven, February 2001!

°The mothers of IFAPA: Claudine Sherill and Karen De Pauw

°The EMDAPA and EARAPA-team

°The president of ICSSPE: Gudrun Doll-Tepper: missionary throughout the world!

°Special Olympics...

-Concrete results:

°INTEGRATION (Nina Kahrs):

a global survey on integration of disabled pupils in PE-lessons and sports

°TRAINING AND EDUCATION (Jean-Claude De Potter)

-A basic agreement about inclusion of APA in training programmes

-A frequently visited website

-Examples of good practice

-Dr. S. Hutzler (multimedia-expert): consultant in teaching materials

**\*Guided visit to the University Arena and the National Coaching and Training Centre of the University of Limerick- Teresa Leahy**

**\*Arrival at Plassey House- Office of the President of the University Campus for photographs with Press 22**

**\*Press Conference- (Plassey House) on the Thematic Network in the area of Adapted Physical Activity: first year results and outlook for future activities, in the presence of Willie O’Dea, Junior Minister for Education**

**\*Plenary meeting in preparation for the Working Sessions: University of Limerick- Prof. Van Coppennolle-Chairman**

-Final report is completed

-Extension was asked because of Dr. S. Hutzler, who will help us to produce CD-roms and other teaching materials

-Grant: 110 000 Euro, so we needed to prove: 440 000 Euro in expenses. We have already received 25% of the 110 000 Euro, the remains will be restituted as soon as the report has been approved of.

-Other parts of report: description

-THENAPA lasts only 3 years, so we must do all that is within our power!

-Comments of Mrs. M. E. Almeida-Teixeira:

°25% cost contribution is insufficient! We are now dealing to agree a multi-annual contract instead of an annual contract. A three years contract is now being discussed.

°The financial rules are now being modified. The main objective is to obtain a maximum grant; and the size of the grant depends entirely on the actual costs of the project. As we all know, the grant amounts to 25% of the total costs. The philosophy behind the financial modifications for the year 2001-2002 is that it focuses on the output of the projects. The outcome and the products will in the future be strictly controlled as far as the main categories of costs is concerned, the amount the networks are entitled to will be paid as long as the outcome of the project is of sufficiently high quality. However the quality of the products needs to be evaluated. The question is: who is going to judge the quality and what are the standards set to judge the quality?

°For the THENAPA-network, the renewal of the application will be on the first of March 2001. For new networks the renewal will be in autumn 2001.

-Remark Claire Boursier:

"Is it possible to share the 50% with other persons, f.e. five persons with 10% each, instead of the full 50% for one person?"

-Reply Mrs. M.E. Almeida-Teixeira:

"If these persons belong to the same institution or if they belong to an institution which is on a list of eligible partners, then sharing is o.k."

-Remark Christina Evaggelinou (Greece):

"Can the financial report be submitted to all the partner university managements?"

-Reply Prof. H. Van Coppenolle:

"Yes; after approval of the financial report by the European Commission. An abridged version of the financial report will be mailed to each partner country and partner university."

-Presentation of national reports of each participating country will be published on the THENAPA-website. These national reports relate the achievements of each partner between Oslo (May 2000) and Limerick November 2000).

-Conclusive remarks:

° Prof. J.C. De Potter points out the benefits of the THENAPA-network:

"The fact that different teaching programmes are coordinated; the THENAPA-network shows how useful APA is and can provide good teaching materials and practice examples. It is understood that this cannot be achieved if the partners do not work together!"

°Mrs. M.E. Almeida-Teixeira:

"The network has now expanded into a stage where one should be careful on coordination with the different institutions! Also the level of integration and training courses is an important matter.

And finally, a handbook of practices would be an excellent asset for the partners, in view of the development of THENAPA on many levels.

The THENAPA-website continues to be an important instrument, an instrument that has to be developed further in order to continue our upward mobility!"

## **FRIDAY NOVEMBER 10, 2000**

**\*Working session: analysis of the survey questionnaires and answers on Integration  
Prof. Nina Kahrs, University of Oslo (Chairperson)**

Cfr. minutes Oslo forum: Integration in regular schools was a task to be completed for the third forum.

Teresa Leahy (Ireland), Nina Kahrs (Norway) and Geoff Meek (United Kingdom), compiled a questionnaire, which has made it possible to start a qualitative survey. It aims to identify different kinds of strategies for integration of persons with a disability in P.E.-lessons (good practices). Two opinions were surveyed: the opinion of the administration, headmasters and the view of the teachers.

### **\* National reports on good practices on Integration**

All the keypersons gave a short presentation of the questionnaires of their own countries. Nina Kahrs (Norway) will make an analysis of these presentations; she will try to make a comparative report instead of an ordinary summary, because the presentations have many things in common.

Nina insists that one should not generalize too much and draw premature conclusions; the questionnaires in fact, are only case studies. Nina Kahrs also stresses the fact that we have to focus on integration in physical activity and not on integration in education...

We will discuss this comparative report briefly on our fourth forum during a brainstorming-session.

### **\* Videos on good practices on Integration**

-Karin Bultiauw (Belgium): observation APA for an amputee child in primary school

-Hana Valkova (Czech Republic): what are the options? APA-session with PE-students

-Anna Bianco: Down syndrom and mentally disordered children: almost 100% integration in Italy!

### **\* Brainstorming**

-Judit Farkas (Hungary) introduced the concept of the "visiting teachers system"

-David Rodrigues (Portugal) focused the forum's attention to the compelling "Center for Inclusive Indication" of Manchester. They published the "Index for Inclusion", a work they compiled as a result of six years of research. It is based on a triangle-structure: practice; politics and culture: which characteristics apply to which schools concerning these three perspectives?

-Some countries created integration, because there is no money for special schools, which are in fact an obstacle to integration... But if we closed the numerous special schools in some countries, many staff would be made redundant. So it is clearly a matter of politics and economics!

-Are we talking about ADAPTED PHYSICAL ACTIVITY or about EDUCATION? About education, because it has to do with schools!

-Is the recommended integration 100%? After viewing the videos, one would be inclined to say no! Some of these disabled people would indeed be better off in a group of persons of their own level!

-Not our *opinions of integration* are important, but our opinions of integration *in PE!!!*

## **SATURDAY, NOVEMBER 11, 2000**

**\*Working session: Presentation and discussion of a proposal for Teacher and Trainer Training in APA (follow-up of the Oslo plenary meeting)  
Prof. Jean-Claude De Potter, University of Brussels (Chairman)**

-Analysis of the various teacher training programmes. In Oslo we started creating the ideal professional profile of APA.

What happens in different countries?

°Certificate in APA itself (f.e. EMDAPA)

°APA included in the PE-teacher's education

°Optional courses in APA

-Our aim is to try to include APA in the general curriculum of PE-teachers and physiotherapists. The attitude of the teacher is very important in integration, so all teachers should have an education in integration and APA!

-There are different levels; according to these: how many credits can we assign to each level?

We should make a recommendation for the whole of Europe: the APA degree proper and the compulsory introduction of APA on all curriculums...

European courses in APA ?

°EMDAPA

°European Diploma

°Intensive programs

-Coordination is efficient in the Master's degree and in the fifth degree, but not in all of Europe on the first, second and third level!

-There is a lack of cooperation and knowledge of medical doctors: they don't understand what APA and PE is! How to inform them?

-By stressing the beneficial effects of fitness for health, even for people with special needs.

-F.e. if a handicapped person rides a horse: to doctors it means "therapy", but in fact the handicapped person practises a sport!

-European credit transfer system: is based on a quantity of WORK; this is not the same as the number of TEACHING SESSIONS; you also have to consider the individual work at home, at the library and at the sports club, etc..., so consider the TOTAL WORK!

One academy year stands for more than 60 credits! (f.e. 200 credits)

There is a relation between the number of credits for one year and the credits for a certain course, it's a proportion of the total credit.

-European network of sport sciences in higher education:

- °V++: High level: Ph. D. in Sport Sciences
- °V+: Master Degree: postgraduate (f.e. EMDAPA)
- °V: Diploma in Sport Sciences: licentiate: four or five years of study at university
- °III: Coach
- °II: Instructor
- °I: Volunteer

-Between level I, II and III, there is a difference in volume of training.  
In sports federations: mostly volunteers and instructors, although it would be better if there were more coaches!

-There was a discussion about the title "sport sciences": it includes Physical Education and Physiotherapy??? Or should we change PE into Human Movement Sciences, APA,...?

-A certain number of credits have been assigned during the Limerick forum.  
For the next forum in May 2001, please debate the number of credits in your own country and compare to your national programmes at different levels. We shall discuss this again next time. Is it possible to achieve that number of credits in your country yes or no?

e.g. : Belgium (French Community)  
Recreation - Levels I - II - III

	I		II		III	
	Proposal	Belgium Int. Dis.	Proposal	Belgium Phys. Dis.	Proposal	Belgium Sport. Dis.
APA General Concept	---	---		---	1	1
Applied Assessment/evaluation	---	---		---	1	1
Applied knowledge on disability	2	2	2	2	2	---
A.P.A. Sport techniques	1	4	1	4	1	2
Role of peers/parents	2	---	2	---	2	---
Inf. Accessibility	1	---	2	1	---	---
Work experiences	3	3	3	3	6	7
	9	9	10	10	11	11

## **\*Working session: Training Materials + Research Register**

- THENAPA: restructured website (Dr. S; Hutzler, Israël)
- Training and Education:
  - national programs, taught at universities
  - international programs
- Research and Development:
  - European register (selected by country, table)
  - Abstracts of research work, selected by... (search engine)
- Professional resources
  - awareness...
- Medical information for health care providers (websites...)
- Integration theory
  - inclusion sites
  - empowerment sites
- Assessment methods
  - sensorymotor
  - psychosocial...
- Self esteem scale
  - example Ulrich scale on the website
- power-point presentations (optional)
  - examples of good practice
- Children with learning impairments
- Work to be produced by THENAPA-keypersons
- Films: examples of good practice:
  - website
  - CD-roms to distribute in all the countries

\*\*\*!!!So; if you have interesting visual teaching materials, please send them to the THENAPA-secretariat!!!

(Attention: copyrights have to be o.k.!)

-Attention: if you give your material: then you accept it will be used by everybody! It will be published. Problem: how to give access/ no access to certain people for the teaching materials?

-Purposes:

- 1.Disabled persons
- 2.Teaching

## **\*European research register**

-1995-2000

IFAPA-EARAPA: APEC-journal: shortly: information about IFAPA-EARAPA to handle out on conferences...

-What is going on in European research programmes?

-Basic information: name, professional address, tel, fax, e-mail, position, areas of interest and the five most important °scientific publications

°scientific communications

°published teaching materials

since 1995. We should publish this online, per country before next EARAPA-meeting.

-Register open only to EARAPA-members or to anybody?

## **\* Feedback and planning ahead; conclusions of the meeting**

Tasks for the next forum:

### **I. INTEGRATION**

-For people who already started their questionnaire, but haven't completed it yet: please send it to Nina Kahrs (!!!) anyway.

-For ALL THE REST OF YOU (!!!) (including those who have already sent their questionnaire to Nina): please make a small presentation of integration as practised in your country; an abstract of the main criteria or factors, which can be positive factors of inclusion, necessary for success in integration, so the most important features of integration in your country, eventually based on the questionnaires and send this presentation to Nina Kahrs.

-Deadline: before Christmas!!!

Here are some questions which could help you make this small presentation of integration practised in your country:

I.1. Point out the numerous factors to succeed in integration in physical education at school and in physical activities in sport clubs, associations

e.g. factors:

1. Number of disabled pupils with special needs in regular class
2. competence of PE-teacher
3. capacity to evaluate the attitudes and to set up an adapted P.E.-programme.
4. co-operation of medical doctors

I.2. Investigation in Disabled Sport Federation:

-Is there cooperation with sports federations, or an agreement or a contract...?

-Cooperation in which area? Promotion of the sport discipline? Do the sport federations provide a coach for the disabled sports associations?

-Sport clubs for disabled individuals integrated in sport disciplines (e.g. club of wheelchair basket in B.B. Federation)

Discipline(s)  
Type(s) of cooperation

## II. EDUCATION

II.1. According to the levels in education and coaches training, please insert the different degrees, diplomas or certificates delivered in your country.

e.g. Belgium:

a). Levels V++, V+, V:

6 University Faculties of P.E. and Physiotherapy  
(3 Dutch and 3 French speaking)

b). Level IV: Diploma in PE and Physiotherapy

non University High schools or Colleges of P.E. and Physiotherapy

c). Levels I, II, III: Coaches training organised by Ministries of sport, with the cooperation of Disabled Sport Federation and/or Sport Disciplines

II.2. Compare the number of credits we have listed in Limerick to your national programmes at the various levels

### PROFESSIONAL SKILLS IN A.P.A. NUMBER OF CREDITS

#### *1. Rehabilitation*

	<b>I</b>	<b>II</b>	<b>III</b>	<b>IV</b>	<b>V</b>	<b>V+</b>
- APA general concept	---	---	---	1	1	6
- Applied human/sport science to APA	---	---	---	1	1	9
- Applied assessment/evaluation	---	---	---	1	1	5
- Applied kn on disability, disease, injuries	---	---	---	1	2	3
- APA and sport techniques, equipment	---	---	---	1	1	6
- Applied research methodology	---	---	---	---	2	18
- Work experiences in APA (rehabilitation)	---	---	---	2	3	15
<b>TOTAL</b>	---	---	---	<b>7</b>	<b>11</b>	<b>62</b>

## 2. Physical Education

	I	II	III	IV	V	V+
- APA general concept	---	---	---	1	2	6
- Applied human/sport science to APA	---	---	---	---	2	9
- Applied assessment/evaluation	---	---	---	1	2	5
- Applied kn on disability, disease, injuries	---	---	---	1	2	3
- APA sport techniques	---	---	---	1	2	6
- Applied research methodology	---	---	---	---	2	18
- Teaching practice in APA	---	---	---	2	3	15
<b>TOTAL</b>	---	---	---	<b>6</b>	<b>15</b>	<b>62</b>

## 3. Recreation

	I	II	III	IV	V	V+
- APA general concept	---	---	1	1	2	6
- Applied human/sport science to APA	---	---	---	---	2	9
- Applied assessment/evaluation	---	---	1	1	2	5
- Applied kn on disability, disease, injuries	2	2	2	1	2	3
- APA sport techniques	1	1	1	1	2	6
- Applied research methodology	---	---	---	---	2	18
- Role of peers/parents and environment	2	2	---	1	1	---
- Inf accessibility and facilities	1	2	---	1	1	---
- Work experiences in APA (recreation)	3	3	6	2	3	15
<b>TOTAL</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>8</b>	<b>17</b>	<b>62</b>

#### 4. Sport Performance

	I	II	III	IV	V
- APA general concept	---	---	1	1	2
- Applied training programming	---	---	2	2	3
- Applied assessment and evaluation	---	---	2	1	2
- Applied research methodology	---	---	---	---	2
- Applied sport sciences to APA	---	---	---	---	2
- APA and sport techniques/rules/equipment	---	---	3	3	4
- Classification	---	---	3	3	4
- Coaching experiences in elite sport	---	---	6	6	10
<b>TOTAL</b>	---	---	<b>17</b>	<b>16</b>	<b>29</b>

e.g. Belgium (French Community)  
Recreation-levels I-II-III

	I		II		III	
	Proposal	Belgium Int. Dis.	Proposal	Belgium Phys. Dis.	Proposal	Belgium Sport. Dis.
APA General Concept	---	---		---	1	1
Applied Assessment/evaluation	---	---		---	1	1
Applied knowledge on disability	2	2	2	2	2	---
A.P.A. Sport techniques	1	4	1	4	1	2
Rôle of peers/parents	2	---	2	---	2	---
Inf. Accessibility	1	---	2	1	---	---
Work experiences	3	3	3	3	6	7
	9	9	10	10	11	11

-Deadline: before end February

### III. NATIONAL REPORTS

-A summary on the achievements of THENAPA in your country in the period between the forum in Oslo (May 2000) and the forum in Limerick (November 2000) should be sent to the THENAPA-secretariat.

-Deadline: end 2000

### IV. TEACHING MATERIALS

-If you have interesting visual teaching materials, which would be suitable for the website, then please send them to the THENAPA-secretariat!!!

(Attention: copyrights have to be o.k.!)

-Deadline: before end February

### V. THENAPA-FEE

- Information can be found on the THENAPA-website under “membership”.  
(<http://www.kuleuven.ac.be/thenapa>)

### VI. TRAVEL COST PROOFS

-The travel cost proofs of the Limerick forum should be sent to the THENAPA-secretariat...

-Deadline: as soon as possible!!!

### **\*Final comments of Mrs. M. E. Almeida-Teixeira:**

-more partners

-congratulations for the work!

-important achievements!

-sensible progress!

-second year; already concrete proposals of dissemination...

-identification of products...

-determination of target groups!