

THENAPA

DISSEMINATION YEAR

POLAND

The most important outcome of this project for Poland is the availability and the opportunity to have and distribute the CD-ROMs “ADAPT”. They were disseminated together with the Summaries of the two THENAPA report (available in Polish as well) among polish universities, academies, and associations as well as sport clubs and organisations for disabled people. Due to activities associated with this project more people become aware of possibilities of APA. Due to international meetings possibilities for new international cooperation come up.

Because of the impact that this project had it was very productive and meaningful, though the time consuming activity. We can see a need for future similar projects.

During this dissemination year of THENAPA activities people involved in this project talked a lot on different meetings about the CD-ROMs (for example different universities and academies, associations meeting, students lectures, etc). The most important meeting was held in Warsaw and had a form of a conference.

We found out that the CD-ROM on European Curriculum on APA is useful for different target groups. Academic students and teachers as well as professional associations can use it as a lecture and schooling aid. General public, parents and different associations can easily find the information that they need in scope of APA. The Summaries and Books are very useful for the universities management and privet sector, which is developing in our country.

The CD-ROM on Examples of best practices was found best by the disabled children and adults themselves. They got inspired by the numerous variety of videos combined with dynamic motion and music. They confessed after seeing this CD-ROM that now they can think of starting a sport, which they never believed they could do because of their disability.

The project met its targets in terms of outcome. The programs included in the two THENAPA reports will be taken under consideration in creation of

new curriculum in different schools. The CD-ROMs were widely spread in the country.

The internationality of this project was very important. It brought us a new view at the problems of APA and allowed to see how other countries solve problems, which we also have.

The benefits of this project include new schooling materials, a network, that can be used for other programs and a working team that intends to popularise the ideas of APA even more than in the previous years.

